

# Pain is inevitable but misery is optional (3/12/13) Biblical Discussion

#### The origin of pain

What is pain?

Why do we experience pain?

Scripture well describes the excruciating agony experienced by those enduring pain Psalms 116:3 | Jeremiah 10:19 | Jeremiah 4:19 " | Revelation 16:10 |

Many deny that suffering could possibly be God's will for believers.

Does God cause pain? Genesis 3:16-17

What are some of the biblical example of people what went through pain?

Suffering according to God's will  $\rightarrow$  1 Peter 3:17 | 1 Peter 4:19

Why does God cause pain in our lives? Deuteronomy 8

Is God bragging about you? Job

### Believers *must* experience pain and suffering

Acts 9:15-16 "must" | Acts 14:22 "must" | 2 Corinthians 11:27 "In weariness and painfulness, ...in hunger and thirst, in fastings often, in cold and nakedness." | Philippians 1:29 "must" | 1 Thessalonians 3:4 "must" | 2 Timothy 3:12 "Yea, and all that will live godly in Christ Jesus shall suffer persecution."

# Gods people going through pain

Jesus → Matthew 16:21 | Mark 5:6; 8:31; 9:12 | Luke 9:22 | Acts 17:3 | Acts 26:23

Apostle Paul → Acts 9:10 | Acts 9:16 | 2 Corinthians 11:25 "Thrice was I beaten with rods, once was I stoned..."

"Christ also suffered for us, leaving us an example..." (1 Peter 2:21) | Hebrews 2:9, 10; 5:8; 9:26; 13:12 | 1 Peter 1:11; 2:9-10, 21, 23; 3:18; 4:1 | Luke 17:25; 24:26, 46 | Acts 3:18 | 2 Corinthians 1:5

**Limitations set by God** - Job chapters 1 and 2 | 1 Corinthians 10:13 | Revelation 9:4

God delivers Psalms 144:10 | God protects - Daniel 3:25; 6:22, Acts 18:10

Our perspective will affect our attitude and reaction - whether we bring glory to his name - or shame.

If we patiently endure, God is pleased (1 Pet 2:20).

## 1. Worship and glorify God in the midst of it.

Job chapters 1 and 2 |1 Peter 4:16 "Yet if any man suffer... let him glorify God on this behalf."

2. **Rejoice** Acts 5:41 | Colossians 1:24 | 1 Peter 4:13 "But rejoice, inasmuch as ye are partakers of Christ's sufferings; that, when his glory shall be revealed, ye may be glad also with exceeding joy."

3. Be content in it. Romans 8:18 "For I reckon that the sufferings of this present time [are] not worthy [to be compared] with the glory which shall be revealed in us." | Philippians 4:12

4. **Do not fear**. Revelation 2:10 "For I reckon that the sufferings of this present time [are] not worthy [to be compared] with the glory which shall be revealed in us."

5. See it as a blessing. 1 Peter 3:14

**Deuteronomy 8** Be careful to follow every command I am giving you today, so that you may live and increase and may enter and possess the land the LORD promised on oath to your ancestors. <sup>2</sup> Remember how the LORD your God led you all the way in the wilderness these forty years, to humble and test you in order to know what was in your heart, whether or not you would keep his commands. <sup>3</sup> He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your ancestors had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the LORD.

Acts 9:15-16 <sup>15</sup> But the Lord said to Ananias, "Go! This man is my chosen instrument to proclaim my name to the Gentiles and their kings and to the people of Israel. <sup>16</sup> I will show him how much he must suffer for my name."

**Purpose of Pain** - 1 Peter 5:10 " But the God of all grace, ... after that ye have suffered a while, make you perfect, stablish, strengthen, settle you"

**James 1:2-4** My brethren, count it all joy when you fall into various trials, 3 knowing that the testing of your faith produces patience. 4 But let patience have its perfect work, that you may be perfect and complete, lacking nothing.

**Revelation 21:4** "And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away."

